

Information

Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**. Please be advised that this time is subject to change.

Exercise Equipment

Exercise Equipment is available in the **Lifestyle Office** for use/sign out. Please see Daniella for more information.

Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings and activities to sign up for!

Barrie Public Library Books

Large print Barrie Public Library books and DVD's are always available in the **Lifestyle Office**

Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Stackhouse, Office Manager - theresa@simcoeterrace.com

Monica Mosher, RPN, Director of Wellness - monica@simcoeterrace.com

Darlene Guirey, Dietary Manager - darlene@simcoeterrace.com

Daniella Ventimiglia, Lifestyle Consultant - daniella@simcoeterrace.com



*Simcoe Terrace
Retirement Residence*

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Simcoe Terrace Retirement Residence

January 2018 Issue



The Terrace Tribune

Welcome 2018!



Message from the GM

As 2017 comes to a close and 2018 begins it's a time to reflect on 2017 and make a wish for 2018.

First of all I would like to thank all of the Staff for their hard work and dedication throughout the year, on our behalf. A special thanks to those Staff working on Christmas and New Years.

Looking back on 2017 we are reminded of friends and family who have moved on or passed away, and hold on to memories and good times shared.

Looking forward to 2018 lets wish that the world can learn to live together peacefully and share with those less fortunate. To all of you, Happy New Year and may you have happiness and good health in 2018.

Michael Ayers,
General Manager

Welcome to the Terrace

Ernie Todd, George File, Gloria Mandy, Valerie Waddington,
Marion Bigelow, Benjamin Jones

January Outings

We will be going to Giant Tiger for some shopping by school bus on Wednesday January 24th. We will be leaving Simcoe Terrace at 9:30am and returning in time for Lunch. There is a limit of 10 Residents for this outing. Please sign up in the leisure binder if you are interested.



Please note that unforeseeable circumstances may require outings to be postponed or cancelled

Resident Council News

2018 Resident Council Members:

Margaret Milne - Library/Secretary Committee

Dorothy Hilliard - Welcoming Committee

Falk Stethin - Recreation Committee

Judi Cadman and Anne Oldcorn - Treasury/Fundraising Committee

Purchases in December: Resident Council NYE Party

Please continue to use the Resident Council Suggestion box located in the front lounge!

Highlights of the Month

Superior Home Health: Superior Home Health will be in the Activity Room on Thursday January 18th from 9:30-12:30 for FREE walker and wheelchair repairs and cleaning

Resident Meet N Greet Social: As of December 2017 Simcoe Terrace has welcomed our friends from LOFT into the home. Please come out for a Meet and Greet Social with coffee, tea, and goodies. Friday January 19th at 9:45am in the Elevator Lounge.

Lunch Club: If you are interested in ordering in Chinese food from Wok Inn on Friday January 12th please sign up in the Leisure Binder. Residents will cover the cost of their own lunch, and have the option of: Chicken Balls + Rice, Sweet n Sour Ribs + Rice, or Mixed Vegetables and Rice. Please keep your eyes out for further postings for this lunch-in!

Alzheimer Awareness Month: Dana from the Alzheimer Society will be presenting to us on January 25th at 1:30pm in the Activity Room!

Keep an eye on the Calendar!

Jan 1—New Years Day! Welcome 2018

Jan 5—Program Chat with Daniella & Eryn / Root Beer Floats

Jan 8—Foot Care Day 2

Jan 12 —Lunch Club !

Jan 18—Free Walker and Wheelchair Repair/cleaning with Superior Home Health!

Jan 19— Ladies Wine and Cheese!

Jan 19—Resident Meet and Greet Social!

Jan 24—Giant Tiger Outing

Jan 25—Guest Speaker: Alzheimer's Society

Jan 26—Mens Beer and Billiards!

Jan 29—Birthday Party with Eileen Hennessey!

Jan 30—Resident General Meeting



Resident's Corner

Flowers, Stones and Signs for January Babies

The **carnation** comes in several different colors to convey different meanings, much like roses. A pink carnation means affection, while a red carnation means 'I love you.' White carnations mean pure love, striped carnations means regret that a love is not shared, and yellow means rejection / disappointment. The **snowdrop** used to be considered bad luck because it always seemed to appear to grow in graveyards, but nowadays this delicate flower signifies hope and beauty.

Garnet, the birthstone of January, is mined in a rainbow of colors. From the fiery orange of Mandarin Garnet to the rich green of Tsavorite Garnet and to the most widely recognized color of Pyrope Garnet, it is considered a great gift to symbolize friendship and trust.

Capricorn: Dec 23 – Jan 20 **Aquarius:** Jan 20 – Feb 18



Lois Kostandoff—Jan 2

Falk Stethin—Jan 3

Tom McKay—Jan 4

Muriel Loney—Jan 7

Muriel Crawford—Jan 9

Joan Wikaruk—Jan 10

Robert Roy—Jan 12

Margaret Shilbach—Jan 15

Irene Taylor—Jan 15

Ina Horn—Jan 16

Iona Starr—Jan 19

Alma Harrison—Jan 24

Join us on Monday January 29th in the
Activity Room at 2:00pm for our January Babies Birthday Party with Eileen Hennessey!
Cake and ice cream will be served!

Athletes of the Month!

Can you beat these amazing achievements?

Prove it!

Darts: Evelyn F: 403 pts!

Ladder Ball: N/A

Floor Kurl: Team Red Wins!

Bean Bag Toss: N/A

Carpet Bowling: Evelyn F: 63 pts!

Euchre: n/a

Shuffleboard:

Table #1: Barb R: total moth score of 2859! **Table#2:** Evelyn. F total month score of 3128 !